



**Sensory Based Learning  
Project Ambassador FPN**

**PSY9105~**

**Masters Elective**

Presented by: Andrea Smitten



# Clinical Assessment in Psychology

- Master practical elective course = 3ECTS
- Course consisted of 5 tutorials & 2 lectures
- Included students from across all master tracts
- 167 students
- Introduction of models & methods of clinical reasoning
- Introduction of & practical engagement in assessment tools used in clinical practice (Anxiety & Depression, Attention & Memory and Sensory Processing)



# Course Learning Objectives



Develop a better understanding of the clinically assessment process

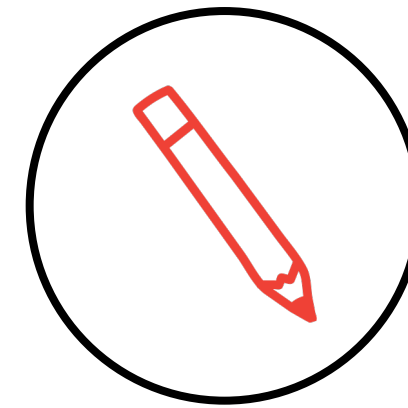
Awareness of the cognitive skills required to clinically reason and reflect on own cognitive processes



Develop an understanding & knowledge of various assessment models & tools

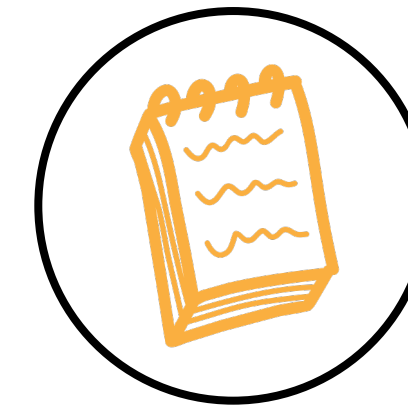
Develop formulation plans based on patient referrals

Complete a variety of online CPD courses in different areas of clinical practice



Gain practical use of various assessment tools for clinical practice in areas of:  
Anxiety & Depression,  
Attention & Memory and  
Sensory Integration

Understand and explain strengths & limitations of assessment tools



Evaluate group reasoning when selecting assessment tools best suited for a patient/client with a varied presentation of difficulties





# Sensory Specific Elements

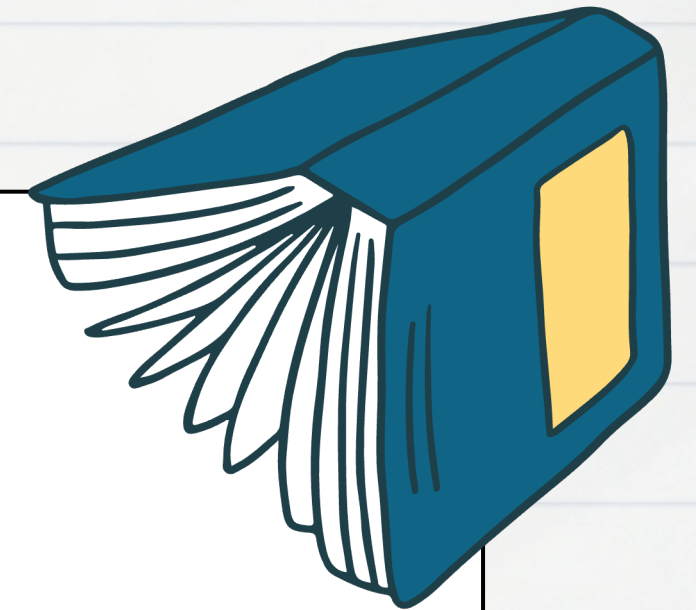
## Tutorial 2- Allocated exclusively to Sensory Assessments

- Standardised and non-standardised tools to assess modulation (regulation) dysfunctions of sensory processing & praxis, postural and functional processing differences.
- Including completion of online CPD course in Sensory Integration Awareness

## Lecture 1- Introduction of Sensory Integration Theory & Assessment



# Pre-Course Feedback



## We have 5 senses!

Consensus was that we have only 5 senses that are mainly an unconscious process, but can also be used consciously at times

## Most Valuable for Clinical Work

Consensus was that visual and auditory senses were most valuable for use within clinical psychology with patients/clients

## Control of Senses

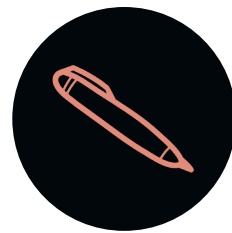
Consensus was you cannot control your senses but you can control the attention you place on the perception of sensation





# Post Course Feedback

**What are the benefits of developing your sensory skills  
in your future life?**



Enhanced Perception

Improved Communication



Better Decision-Making

Increased Creativity



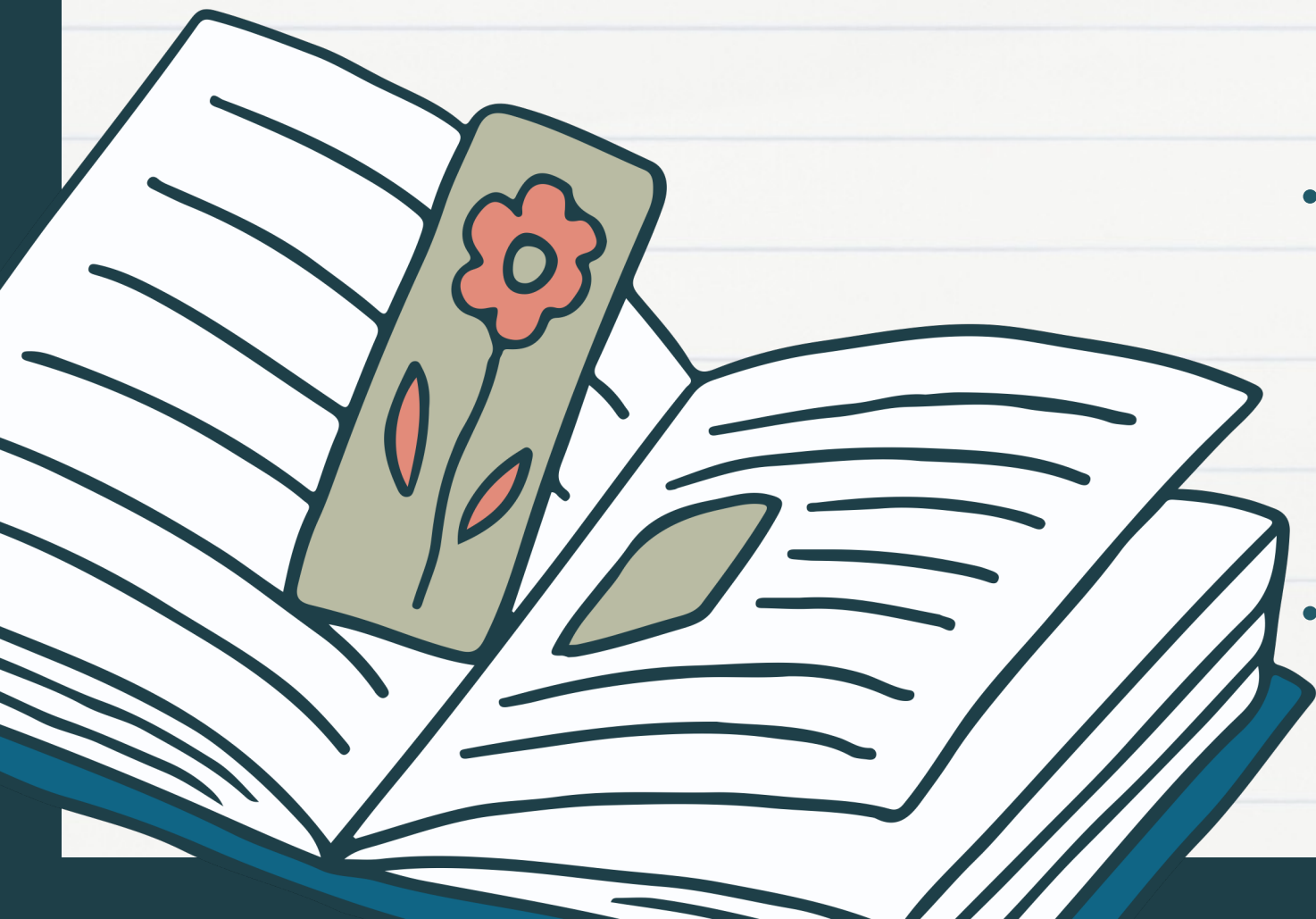
Heightened Safety and Awareness

Enhanced Well-Being



# Tutor Feedback

Some students suggested to make this course a core course, consisting of 6 ECTS. They felt like this topic is important for all students independent of specialization, and broadening it would give the opportunity to have even more practice with different kinds of assessments.



# Future Work/Projects

- Liaising with the Wellbeing Movement and Psychologists at Student Support Centre (Following on from previous years Think Tank project (Anke) in regard to building a sensory room for wellbeing accessible for all students.
- Currently construction works @ Library delaying initiation, but have green light to work together with Wellbeing and team open to our advice & guidance of current evidence base in SI.
- Looking at future collaborations with Ilse van Lieshout and UM/Zuyd University in regard to providing possible workshops on wellbeing in education (on tertiary level and primary school level) also gaining embodied knowledge through sensory training for training teachers and evidenced based learning strategies.
- Provided guidance on FPN wide equipment updates for education rooms (tutorial rooms) @ UNS40 by recommending new seating options which allow for movement.